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| Name: MR. UPENDRA | Reg No: 11-9SMHC17 |
| Age / Sex:34/M | Contact No:7044031450 |
| Marital Status: ML- 7 YRS | Date:27/9/17 |
| Occupation:ACCENTURE MANAGER – PG MANAGGEMENT | Dr. PJFP |
| Address:  NATIVE OF HYD.  BLORE 2 WEEKS. | DIAGNOSIS- |

1. HEAVINESS IN THE HEAD SINCE THIS MNG. YDAY NGHT LOT OF COLD TOOK ANTI HISTAMINE.

CAME FROM PUNE IN BUS ON SAT AND SUN. THESE COM[LAINTS STARTED AFTER RETURNING FROM PUNE YDAY AFTN.

* FEELING WARM. NO THIRST NORMALLY DRINKS A LOT.
* MOTION FINE
* URINE. YELLOWISH.
* COLD TILL MNG IT IS RUNNING NOSE AFTER CINAREST IT IS THICK. WHITISH MUSCUS FLOWING.
* APP- FEELS LESS.
* WANT TO BE COVERED . LIGHT FAN. ,MUST HAV FAN NORMALLY ALSO.
* FEELS DETERIORATING MY CONDITION. EVEN THO NOSE IS NO LONGEER RUNNING I FEEL WEAKNESS. DESIRES WARMTH.
* FEELING BETTR INDOORS.
* WANTS TO SLEEP AS MUCH AS POSSIBLE.

RX:

1. ARS 200 – 4 PILLS 2 HOURLY. FR 2 DAYS. WITH WATER.
2. NUX VOM 200 – 4-4-4-4.
3. ACON 30– 4 PILLS 4 TIMES.
4. FP6X